



Autism Spectrum (AS) Resourced Provision (RP) Network Day 2026

Di Lowth - HIAS General Inspector SEN

Lisa Bitri – HIAS SEN Teaching and Learning Adviser

Dr Kirsty Underwood – Educational Psychologist

Dr Louisa Gray - Specialist Teacher Advisor, Team Lead for Communication and Interaction

Sonia Aurora - Specialist Teacher Advisor - Communication and Interaction

Session aim/objective/description

Following the success of the first 2025 Network Day for Autism RP, we are delighted to expand our offer of networking opportunities and professional development. This year, we are introducing another dedicated day of training and collaboration for Autism-designated RP, continuing our commitment to sharing best practice and fostering strong professional connections.

| Sessions | |
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| Morning | Hampshire Educational Psychology will be building on their input from last year and revisiting the topics of: <ul style="list-style-type: none">• Overwhelm - including exploring why school can feel overwhelming for some pupils and considering ways we can better understand and reduce this (e.g., energy accounting).• Self-advocacy - including exploring how we can support young people in developing self-advocacy skills as well as considering others (e.g., family members) who advocate for neurodivergent young people. |
| Afternoon | The Specialist Teacher Advisory Service for Communication and Interaction will spotlight sensory processing, what this is and how we can understand and meet these needs. |

Learning outcomes:

By the end of the training day, participants will be able to:

- Explain why school environments can feel overwhelming for some pupils and apply strategies, such as energy accounting, to better understand and reduce overwhelm.
- Support the development of self-advocacy skills in neurodivergent young people and recognize the role of family members and others who advocate on their behalf.
- Describe sensory processing differences and identify practical approaches to understand and meet sensory needs within educational settings.
- Build on previous learning from Hampshire Educational Psychology by revisiting key concepts of overwhelm and self-advocacy, applying these insights to current practice.

Additional information

Total cost to attend: Free to AS RP

Date: Friday 22 May 2026

Duration: 9.30am to 3pm

Location: Poulner Junior School, North Poulner Road, Ringwood, BH24 3LA

Please use link to book your place

[2026 Autism Spectrum \(AS\) Resourced Provision \(RP\) Network Training Day – Fill in form](#)

Tea, coffee, and squash will be provided, however, please come along with your own lunch, a kitchen is available with a working microwave.

On site parking at the school is available at the lower playground, school staff will be on hand to direct attendees accordingly.