



Hampshire
County Council

Outreach Services for Mainstream Secondary Schools in Fareham, Gosport, Havant and East Hants

These outreach services are aimed at strengthening SEN support arrangements in schools to prevent any behaviour escalation



Early Intervention & SEMH

The Key

We are an education provision for secondary age pupils who are unable to access mainstream school due to being at risk of exclusion from school or medical needs, pupils access our service through a referral system from their mainstream school. We are a split site school with schools in Gosport and Havant.

Who we Support?

Support is offered to pupils who are struggling to manage within a mainstream school environment. This could be for many reasons including but not limited to;

- Students at risk of PEX due to behaviour
- Students struggling with social/emotional difficulties
- School based avoidance
- Students struggling with friendships/relationships

Outreach Services Include:

The Key

Our Outreach service provides flexible and bespoke support to all our partner secondary schools in both the wider Havant and Fareham & Gosport communities, with the ultimate aim of reducing referrals and helping to prevent exclusions, so pupils have the best possible opportunity to remain educated at their mainstream school.

The Outreach Service offers a tailor-made package of support to the individual student, through fun and engaging one to one sessions which are flexible and considerate of the young person and their environmental needs. The session topics cover but again are not limited to;

Anger management; Restorative conversations; Relationship/friendship building; Self-esteem/confidence building; Conflict resolution; Discussing, recognizing and addressing anxiety; Using Motivational Interviewing to plan change with pupils; Specific learning related issues, such as low literacy and numeracy; Small group relationship and resilience workshops.

Consultations take place via a pre-booked Single Point of Contact (SPOC) meeting.

Training Available Includes:

- Attachment Trauma Informed Practice (ATIP).
- The neuroscience of attachment.
- Impact of stress on brain development.
- Executive functioning.
- Risk & Resilience: The impact of trauma over the life course.
- Stress, trauma and behaviour.
- De-escalation and the Conflict Cycle: Awareness of the teacher's role in any heightened behaviour.
- Proactive co-regulation strategies ('Behaviour management').
- Moving from behaviourist to a relational model of 'behaviour management' & restorative practice.

Plus, many more, please see our website for the full list of training available.

For further discussion and to access the referral form please email:

c.gissing@thekey.hants.sch.uk (Havant) or t.king@thekey.hants.sch.uk (Gosport)

Primary Behaviour Service

We support Hampshire primary schools with children who have social, emotional and mental health needs that result in challenging behaviour in school.

Outreach Services Include:

Year 6 open referrals – transition support.

Year 7 joint consultations with The Key.

Training

Six Strands Social & Emotional Curriculum, The Relational Approach and bespoke packages. For further information please contact martina.mackett@hants.gov.uk (Fareham & Gosport) and jennifer.walton@hants.gov.uk (Havant & East Hants).

SEMH

Prospect School

At Prospect School, we are pleased to offer outreach support to secondary schools within the Havant, East Hants, Fareham and Gosport area. These services are specifically designed to assist students with Education, Health, and Care Plans (EHCPs) where Social, Emotional, and Mental Health (SEMH) is identified as the primary need.

We work collaboratively with school leaders, including SENCOs and Pastoral Leads, to assess and develop strategies that address individual student needs, using a trauma informed relational approach that helps schools better understand behaviour as a form of communication.

Who we Support?

Our Outreach service focuses on SEMH students with an EHCP, particularly those who are:

- At risk of, or currently suspended.
- On reduced hours timetables.
- Chronically and persistently absent.
- Experiencing emotional welfare issues (e.g. anxiety, self-harm).
- At risk of harm or permanent exclusion.

Outreach Support Services Include:

- Observations and feedback, with tailored practical strategies for staff and students.
- Reviewing EHCP outcomes and setting achievable targets.
- Targeted interventions.
- Monitoring progress and evaluating implemented strategies.
- Meetings with staff, SENCOs, SLT, and support teams.
- Facilitating the Assess-Plan-Do-Review cycle with joint planning and review meetings.
- Behaviour for Learning support and specific mental health research.
- Bespoke visits to Prospect School, including accompanied learning walks, observations during social times and shadowing staff members for part or all of the day.

Evidence Based Training

- Zones of Regulation: Helping students develop self-regulation skills.
- De-escalation and Emotion Coaching: Techniques for managing emotional outbursts and building emotional literacy.
- Sensory Circuits: Supporting students with sensory processing needs to prepare for learning.
- Developmental Trauma and PACE Understanding trauma's impact on learning and behaviour, using PACE to support emotional development.

[Prospect Outreach Referral Form Link](#)

Pupils with SEND & Additional Challenges

Baycroft

Our school is a day community special school for secondary age students who experience special educational needs and disabilities including learning difficulties, SEMH issues, sensory and physical impairments and autistic spectrum continuum.

Our outreach team includes a wealth of experience in different types of learning, social, emotional sensory and physical challenges. We provide a range of outreach services putting together a bespoke package for schools, working with staff/students. We aim to improve attainment through removing the "barriers to learning" for students experiencing SEND.

Who we Support?

- Students from Year 6 to Year 11 in mainstream schools.

Outreach Services Include:

- Advice and support for classroom learning and behaviour management strategies to support children with a wide range of special educational needs and disabilities
- Staff professional development including whole school, departmental and individual staff training and coaching.
- Consultation and advice on classroom management and organisation to promote best practice for SEND.
- Examples of and support with creating appropriately differentiated curriculum plans, schemes of work and resources.
- Inhouse training, observations and workshops throughout the year.
- Modelling teaching and staff coaching for teachers and learning support assistants.
- Consultations with SENCO and other key staff to offer advice and strategies.
- Observations of pupils to inform support and future actions to be implemented.
- Transition support.
- Assessment of specific needs e.g. speech and language levels.

Training for Staff

- Understanding autism and supporting learners effectively.
- Attention autism.
- Teacch Approaches.
- Emotional health and wellbeing.
- Managing challenging behaviour.
- Supporting less able learners.
- Tailored approaches to engagement and learning.
- Sensory integration approaches
- Speech, language and communication adaptations.
- Inclusive high-quality teaching, learning and assessment.

[Outreach-referral-form-2023.docx \(live.com\)](#)