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### Behavior goals for grown ups:

Belonging and connection: how do I participate with the child?

- I am- how does the child perceive me?
- How do I provide a sense of self for the child?
- What is my own innateness and how am I unique?
- This is me what is my role in the child's life?
- How do I promote participation for the child?
- How do I make the child feel that they Belong?
- What do I do for/with/on behalf of the child (what is my role?
- How do I establish and support a child's personal drive?

#### Communication:

How does my communication support the child?

What are my communication tools?

How well do I use communication tools?

How does my communication support a child to - engage, enjoy, participate, express, receive expresion from others?

Do I demonstrate mutual enjoyment of the child?

# Value and self worth - how do I promote a child's value and self worth?

How do I value myself- I am good at, I need help with?

- How am I of value to a child?
- How do I promote a child to experience, explore, be predictive, brave DOING

## **Productivity:**

- A product made or earned
- Measurable and observable
- Tangible
- Of use to others

Eg, making someone a cup of tea

#### The reward:

- What do I find meaningful in my relationship with the child?
- How do I value the child's worth?
- How do I validate the child?
- How do I let them know they are important?
- I engage with the child through?
- I demonstrate my enjoyment of the child by?
- I define our roles as?
- I let the child predict me and my values?
- My best co-regulation strategies are?